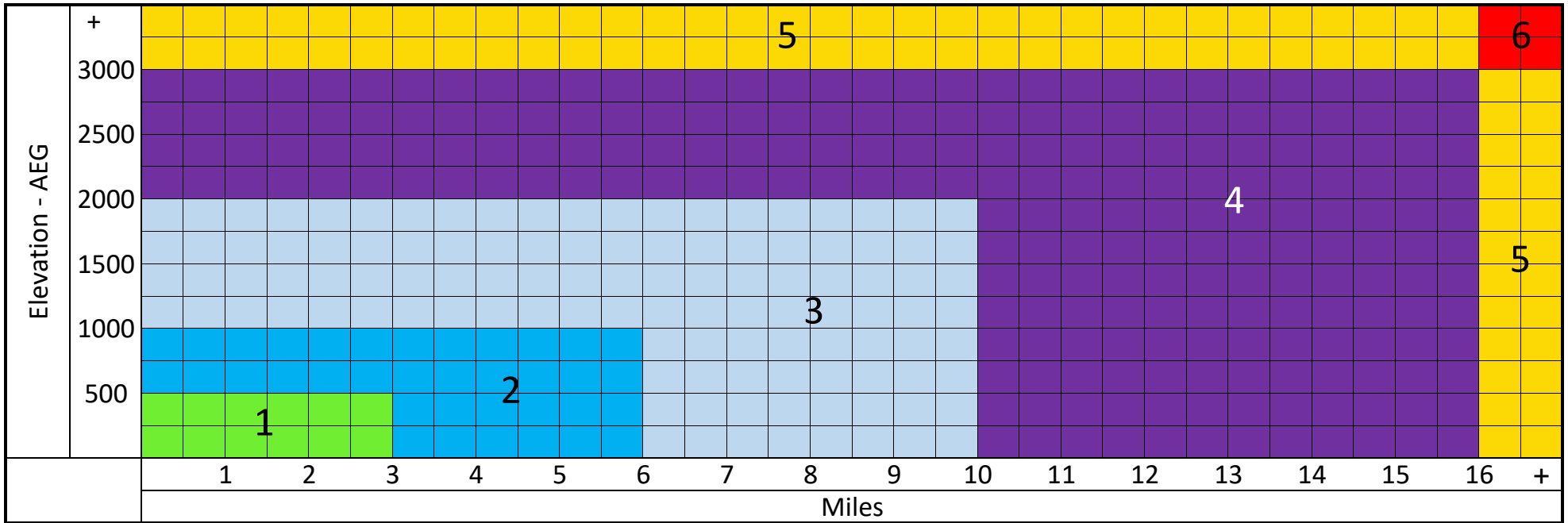


# Hike Rating Table



1	No more than 3 miles and 500 feet in elevation change per day
2	No more than 6 miles and 1,000 feet in elevation change per day
3	No more than 10 miles and 2,000 feet in elevation change per day
4	No more than 16 miles and 3,000 feet elevation change per day
5	More than 16 miles or 3,000 feet in elevation change per day
6	More than 16 miles and 3,000 feet in elevation change per day