



**Saturday  
January 26, 2019**

## Charles M. Christiansen Trail, Phoenix Mtn Preserve

Approximately 14 Miles and 1/2 Hours from Central Phoenix "stack".

Type: DH Maj IE	Max Rtg/Pts: 5 / 2	Elev. Change: 360' lo to hi	Length: 22 max **
Start Time: 7:00 AM *	Duration: 7-11 hours	Max No. of Part: N/A	Last Scouted: 1/15/05

Check all that apply  
(give details in Desc.)

### Contact Information

- Major Hike:
- Cross-country:
- Exploratory:
- Individual Effort:
- Options :
- Pass/Fees Rqd:

Coordinator		Alternate
Name	Fred Pfeifer	
Work Ph		
Station		
Home Ph	480-395-9431 (Cell/Text)	
Email	fpfeifer@cox.net	
Address	16240 N 47 <sup>th</sup> Ave	Glendale, AZ 85306

**Required Equipment:** Pack, sturdy hiking shoes/boots, extra socks, trail lunch & snacks, 2 to 3 quarts of water, (water is available at the 7<sup>th</sup> Ave, 7<sup>th</sup> St and Dreamy Draw Park trailheads but not at Tatum Blvd), wide brim hat, sunscreen, sunglasses, flashlight/headlamp if starting early or finishing late.

**Recommended Equipment:** Trekking pole(s), 2-way radio set to channel 6, rain jacket or poncho, light gloves, phone, earphones, GPS, lip balm, first aid kit, foot care kit, toilet kit, bandanna, ibuprofen, electrolyte powder.

**Cautions and Special Preparations:** The later you start, the more conflict there will be between you and the other types of trail users (primarily trail runners and mountain bikers). Recommend using only one earphone at a time so that you can hear faster trail users approaching from behind, 2-way radio, and phone.

#### Description:

\* This hike is to be accomplished as an individual effort; therefore your start time can vary. It's recommended that you not start any later than 7:00 AM if you plan to hike the entire 22 miles. Starting earlier can avoid the trail traffic congestion and facilitate completing the entire hike earlier in the afternoon. A nearly full moon could help with trail visibility before dawn, assuming clear skies. Follow the Trail 100 signposts.

\*\* Mileage will be dependent on where one starts and finishes. For major hike credit, the entire trail of 22 miles must be completed. It's preferred but not required that the hike leader converse with you on the trail to gain mileage credit. Mileage will only be counted for the miles hiked on 1/26/19. Be sure to let the activity coordinator know your calculated total mileage. **Note:** If you plan to start hiking at a time and location other than 7:00 AM at the 7<sup>th</sup> Street Phoenix Mountain Preserve trailhead, please mail or text a photo of your signed liability waiver to the hike leader so that it will be received before the hike date.

Unless other arrangements have been made, meet at the 7<sup>th</sup> Street, Phoenix Mountain Preserve trailhead parking (about 1/2 mile south of Thunderbird) no later than 7:00 AM. At Tatum Blvd you can break for lunch, then return back to the 7<sup>th</sup> Street trailhead then do the 7<sup>th</sup> Ave, Mountain View Park segment back to 7<sup>th</sup> Street. For clarification, 7<sup>th</sup> Street is the preferred start location because of vehicle security. Those who want to hike only one way or start at a different trailhead must arrange their own return transportation. Mileage credit will be given accordingly. If you plan on participating, please call or e-mail the hike leader in advance since: 1) this is an individual effort, and 2) hike cancellation in the event of general stormy weather. If you opt to start or end your hike at one of the other trailheads, please inform the hike leader. Dress in layers for temperatures between 40 to 80 degrees. Water and public facilities are available about midway in Dreamy Draw Park.

**Driving Directions:** The 7<sup>th</sup> Street trailhead entrance is approximately 1/2 mile south of Thunderbird Road on the west side of 7<sup>th</sup> Street. Watch for the blue "Mountain Preserve Trailhead Parking" sign.