



Friday - Saturday May 19-20, 2017

UNM Study on Rim-to-Rim hikers/runners

Type: Volunteer	Max Rating/Points: See	Elev. Change: 0	Length: 0
Start Time: See Desc	Duration: 48 Hours	Max No of Part: N/A	Last Scouted: May 2016

Major Hike:

Cross-Country:

Exploratory:

Individual Effort:

Options:

Pass/Fees Rqd.:

	Coordinator	Alternate
Name	Rolly Hintzman	
Work Phone		
Home Phone		
Cell Phone	602 361-8697 (C) (Text)	
Email	lrhintzman@msn.com	

Required Equipment: Comfortable clothing and footwear suitable for the location, weather and time of day that you are assigned to man a trailhead. Click on the following link for the south rim weather forecast: <http://forecast.weather.gov/MapClick.php?lon=-112.11603806007017&lat=36.058484936010785#.WMK964-cFZU>

Recommended Equipment: You may want to bring your own chair for down time.

Cautions and Special Preparations: **None.**

Description:
Maximum of 8 points will be awarded, 4 points for each day worked.

Doctors at the University of New Mexico in conjunction with the National Park Service are conducting a study on Rim-to-Rim participants to better understand Rim-to-Rim hiker/runner behavior patterns and physiology and are looking for volunteers to help collect data.

For updates, photos, publications, and data, like the **"Grand Canyon Rim-to-Rim WATCH Study"** Facebook Page.

If you wish to participate, please send me your name and preferred cell/text number and e-mail address. Also, provide me with any restrictions you may have regarding times that you are available.

The following is a list of questions and answers between Emily and myself from last year that should answer most of the questions you might have. I have made some edits (in parenthesis) for this year. If you have any further questions, please let me know. I will update this notice with any new information if and when it becomes available

Q: How will volunteers be assigned to a trailhead and the times that they will need to work?

Volunteers will be assigned to either the North Rim (North Kaibab Trailhead) or the South Rim, where they will likely work either the South Kaibab Trailhead or the Bright Angel Trailhead, although I have had the need for folks to work shifts at both in previous weekends. I will absolutely accommodate any requests for specific times of day that volunteers would prefer to work. We will be staffing the data collection stations at each trailhead 24-7, for 48 hours, from 02:00am on Saturday, May 21st through 02:00am on Monday, May 23rd (for 2017 - 02:00am on Friday, May 19th through 02:00am on Sunday, May 21st)

Q: Will there be a maximum number of hours that volunteers can work?

In accordance with NPS regulations, I will be following a work-rest ratio of 2:1, meaning that volunteers cannot work more than 16 hours in a 24-hour period. That being said, most volunteers will be scheduled for a maximum of 8-10 hours per day (Saturday and Sunday) and I am happy to accommodate requests from specific volunteers for shorter shifts. I want to make sure that all of our volunteers are well rested and have the opportunity to also visit the park while they are here.

Q: How many volunteers will be at a trailhead at any given time? Certainly the middle of the night will require fewer volunteers than at the anticipated peak traffic times.

Volunteer numbers at the trailheads are incredibly variable, based on trail traffic and recruitment/data collection peak times. Our peak hours are between 3am and 8am, which is when most hikers are beginning their Rim-to-Rim hike/run. During that time, we will have 10-18 volunteers at each trailhead. Trailheads also vary in traffic- we staff more volunteers at the South Kaibab trail than the Bright Angel trail, for example. Mid-day into evening is our slowest time- we will have as few as 2-3 volunteers staffing the data collection stations at those points in time.

Q: I assume that there will be some training for approaching people and recording the requested data.

Yes, we will be providing on-site training for volunteers and have developed standardized protocols for approaching hikers and recording the requested data. This is our second year (2017 is the 3rd year) running this type of data collection, so we have smoothed out some of the wrinkles from last year.

A bit of additional information that may be helpful:

Volunteers on the North Rim will be provided rough accommodations- housing will be available however there are never enough beds, unfortunately, so we recommend that folks bring cots or sleep bags/pads to camp on the floor. Because of the colder weather and the early start with data collection, we want volunteers to have access to a warm building to rest, sleep, and eat in. A kitchen will be accessible for cooking and bathrooms for showering.

Volunteers on the South Rim are provided with free camping sites at Mather Campground. I am attempting to secure a few small housing options, however options and spaces are limited, so most folks will likely be camping. We can also help arrange discounted lodging at the Albright Training center for volunteers who desire lodging instead of camping, the price is approximately \$80/night.

Volunteers will be provided with free entrance to the park, free camping, a baseball cap, and non-stop snacks, coffee, tea, and beverages. We also will provide breakfast options as well- this is usually a variety of muffins, cinnamon rolls, and oatmeal. Unfortunately, because the North Rim is so far away, housing accommodations are tight, and volunteer space is limited, we do require that volunteers going to the North Rim are available from Friday, May 20th through Monday, May 23rd (For 2017 –

Thursday, May 18th, through Sunday, May 21st). If you are only available for a portion of the weekend, we can schedule you for shifts on the South Rim.

Q: Will you turn volunteers away if you find that more than 60 are available?

We will not turn away any volunteers- (Note: Larry worked the north Kaibab Trailhead last year and said they were over staffed) the more folks we have, the more capable we are of accommodating the large "surges" of hikers in the early morning hours. A question about volunteering came up earlier today, so I thought I'd pass this along as well- we are recruiting volunteers to staff data collection stations at the trailheads and collect data on R2R hikers- volunteers will not be asked to actually hike a Rim-to-Rim :)

Q: When will my wife and I be confirmed as participants?

If you can provide me with the following info for you and your wife, I will add you as volunteers right now: full name, phone number (preferably cell), and email address.

Q: I assume that I will be put on a mailing list and will receive information as it becomes available.

I will be sending out updated volunteer info towards the end of this month (For 2017 – TBD), but please feel free to email if any questions come up in the meantime.

Driving Directions: If there anyone that doesn't know how to get to the south or the north rim of the Grand Canyon, let me know.